



The "Bee Attitudes"

Now when Jesus saw the crowds, he went up on a mountainside and sat down. His disciples came to him, and he began to teach them.
Matthew 5:1-2 (NIV)

Based on Matthew 5:1-12



K	M	B	S	P	F	N	T	K	X	V	Y	K	L	X
Z	Y	Z	P	X	U	H	E	H	I	E	C	K	J	K
J	E	B	I	W	P	R	S	P	I	N	A	R	K	X
J	J	O	R	G	J	H	E	O	O	R	G	R	S	X
E	W	T	I	X	D	H	U	S	P	O	S	D	T	M
H	X	S	T	I	O	B	N	N	C	U	R	T	O	H
Z	I	G	S	D	E	C	O	Y	G	W	R	M	Y	M
I	K	M	B	J	L	I	C	X	D	E	I	O	C	I
N	W	I	L	V	V	I	R	L	C	K	C	R	U	W
H	I	Y	E	U	E	X	U	A	H	H	M	R	B	D
E	K	R	S	M	Z	H	E	A	V	E	N	N	E	Z
R	K	R	S	K	W	X	B	T	M	I	A	L	G	E
I	N	N	E	E	A	A	B	S	F	H	L	R	U	X
T	W	B	D	O	S	G	P	F	D	I	W	L	T	Z
F	M	E	E	K	V	F	U	O	F	Q	R	G	B	V

MOURN	THIRST	PURE	HUNGER	HEART
FILLED	MEEK	MERCY	POOR	EARTH
KINGDOM	INHERIT	HEAVEN	BLESSED	SPRIT

WEEKDAY READINGS (PSALTER WEEK 4)

02 Monday: Presentation of the Lord Feast

Malachi 3: 1-4; Luke 2: 22-40 or Luke 2: 22-32

03 Tuesday - Sts. Blase, Bishop, Martyr/ Ansgar, Bishop,

Second Samuel 18: 9-10, 14, 24-25a, 30 - 19: 3; Mark 5: 21-43

04 Wednesday - Ordinary Weekday

Second Samuel 24:2,9-17; Mark 6: 1-6

05 Thursday - Agatha, Virgin, Martyr

First Kings 2: 1-4, 10-12; Mark 6: 7-13

06 Friday - Paul Miki, Martyr

Sirach 47: 2-11; Mark 6: 14-29

07 Saturday - Ordinary Weekday

First Kings 3: 4-13; Mark 6: 30-34

LET US PRAY FOR THE SICK AND SHUT-INS IN OUR PARISH COMMUNITY:

Limo Grant, Ann Bishop, Thelma Joseph, Michael Philbert, Dean Andrew, Clarissa Bain, Arnold Joseph, Ambrose Noel, Andrea Jessica, Veronica Thomas, Emma Joseph, Joseph Ross, Finley Gill, Gwendolyn Noel, Beryl Grant, Mildred Redhead.

REFLECTION

The Beatitudes form the heart of Jesus' Sermon on the Mount, a manifesto for discipleship that upends worldly notions of success and happiness.

Jesus sees the crowds and climbs a mountain, evoking Moses receiving the Law on Sinai, but here he sits to teach his disciples directly intimate wisdom for those following him closely. Unlike rules carved in stone, the Beatitudes describe an inner posture: not "do this," but "blessed are those who are this." They outline the character of Kingdom citizens, promising divine reversal where weakness becomes strength.

Spiritual poverty marks the first blessing, where the poor in spirit receive the kingdom of heaven by recognizing their emptiness without God, no self-reliance, just humble dependence that opens them to grace. Those who mourn over sin, loss, and injustice find comfort from God, as sorrow transforms into lasting joy. The meek, embodying gentle strength under control like Jesus entering Jerusalem on a donkey inherit the earth through patient surrender rather than forceful conquest. Mercy toward others flows from those who have tasted God's forgiveness, ensuring they receive mercy in return and perpetuating compassion in a harsh world. A clean heart, purified by single-minded devotion, enables believers to see God clearly, beyond mere external rule-keeping. Peacemakers, who actively pursue reconciliation rather than just avoiding conflict, earn the title children of God, reflecting His reconciling nature. Finally, those persecuted for righteousness possess the kingdom and are called to rejoice, enduring opposition as true disciples.

Theologically, these aren't isolated virtues but a unified portrait of Christ himself, who embodied them perfectly—from his birth in poverty to his death for righteousness. They starkly contrast the world's "blessings" of wealth, power, and status with God's economy, where the last become first. Paul reinforces this in the Second Reading from 1 Corinthians 1:26-31, showing how God chooses the foolish and weak to shame the wise.

In our era of division and self-promotion, the Beatitudes challenge us to cultivate meekness and extend mercy to adversaries.

Joy arises not from circumstances but from alignment with Jesus' way, always eyeing the eternal reward. Ultimately, this Gospel offers a concrete invitation to reorient life toward heavenly citizenship, embracing each Beatitude step by step.

NOTICES

- ◆ **Confirmation classes** will begin on Tuesday 3rd February, 2026 for both 1st and 2nd year candidates. Classes starts at 3:30 p.m.
- ◆ There is a call for **Altar Servers**, interested persons should give their names to Fr. Carl.
- ◆ **The parish celebration** of our 52nd anniversary of Independence will be held next Sunday February 8th 2026. There will be only **one Mass** in the pariah at the Cathedral starting at 8:30 a.m. There will be **no** Saturday evening Masses. Everyone is encouraged to wear their national colours. More details of the celebration will be given by the Church committee.
- ◆ **Sunday School** at the Cathedral resumes on Sunday 15th February, 2026.
- ◆ **Sacred Heart parish**, Tivoli invites all to their annual harvest on Saturday 7th February 2026 at the Church grounds, starting time 12:00 noon.

Collections:

January 25th, 2026 (3rd Sunday in Ordinary Time/A)

Cathedral 6:00 p.m.	\$912.50	Belmont:	\$ 626.30
Cathedral 8.00 a.m.	\$881.59	Brizan:	\$ 95.00
Happy Hill:	\$691.25	Fontenoy:	\$166.65
Tempe:	\$ 268.00	Mt. Moritz:	\$226.00
Total:	\$ 3,867.29		



Grenada at 52;
Anchored in faith,
Guided by purpose

Catechesis Corner

THE TEN COMMANDMENTS CON'T...

THE SEVENTH COMMANDMENT CON'T- You shall not steal.

IV. Economic Activity and Social Justice

The development of economic activity and growth in production are meant to provide for the needs of human beings. Economic life is not meant solely to multiply goods produced and increase profit or power; it is ordered first of all to the service of persons, of the whole man, and of the entire human community. Economic activity, conducted according to its own proper methods, is to be exercised within the limits of the moral order, in keeping with social justice so as to correspond to God's plan for man. (cf. GS 64).

Human work proceeds directly from persons created in the image of God and called to prolong the work of creation by subduing the earth, both with and for one another. (cf. Gen 1:28; GS 34; CA 31). Hence work is a duty: "If any one will not work, let him not eat." (2 Thess 3:10; cf. 1 Thess 4:11). Work honors the Creator's gifts and the talents received from him. It can also be redemptive. By enduring the hardship of work (cf. Gen 3:14-19).

in union with Jesus, the carpenter of Nazareth and the one crucified on Calvary, man collaborates in a certain fashion with the Son of God in his redemptive work. He shows himself to be a disciple of Christ by carrying the cross, daily, in the work he is called to accomplish. (cf. LE 27). Work can be a means of sanctification and a way of animating earthly realities with the Spirit of Christ.

In work, the person exercises and fulfills in part the potential inscribed in his nature. the primordial value of labor stems from man himself, its author and its beneficiary. Work is for man, not man for work. (Cf. LE 6). Everyone should be able to draw from work the means of providing for his life and that of his family, and of serving the human community. Everyone has the right of economic initiative; everyone should make legitimate use of his talents to contribute to the abundance that will benefit all and to harvest the just fruits of his labor. He should seek to observe regulations issued by legitimate authority for the sake of the common good. (cf. CA 32; 34).

Economic life brings into play different interests, often opposed to one another. This explains why the conflicts that characterize it arise. (cf. LE 11). Efforts should be made to reduce these conflicts by negotiation that respects the rights and duties of each social partner: those responsible for business enterprises, representatives of wage - earners (for example, trade unions), and public authorities when appropriate. The responsibility of the state. "Economic activity, especially the activity of a market economy, cannot be conducted in an institutional, juridical, or political vacuum.

On the contrary, it presupposes sure guarantees of individual freedom and private property, as well as a stable currency and efficient public services. Hence the principal task of the state is to guarantee this security, so that those who work and produce can enjoy the fruits of their labors and thus feel encouraged to work efficiently and honestly.... Another task of the state is that of overseeing and directing the exercise of human rights in the economic sector. However, primary responsibility in this area belongs not to the state but to individuals and to the various groups and associations which make up society." (CA 48)

To be cont'd...

Prayer for the Discernment of A New Bishop

O God, Eternal Shepherd, who govern your flock with unchanging care, grant to your Church in St. George's-in-Grenada a shepherd who will faithfully follow in the footsteps of your Son, our Savior Jesus Christ. Give us a Bishop filled with wisdom and understanding so that, guided by your Holy Spirit, he may be a faithful pastor, a prudent teacher, wise in discerning the needs of our diocese and region. Strengthen him to uphold the gospel of truth, to lead your flock with humility and courage and to build up the Body of Christ in love and holiness. We ask this in the name of Jesus Christ our Lord. Immaculate Mary, Mother of the Church, pray with us and for us. Amen.

Parish Contact Information

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Fr. Carl Haynes (473) 403-8570

Office Hours: Monday to Friday: 8:30 a.m. to 4:30 p.m.

POPE'S PRAYER INTENTION FOR FEBRUARY

For children with incurable diseases

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

CATHEDRAL OF THE IMMACULATE CONCEPTION



Our Lady Queen of Peace, **BELMONT/SPRINGS**
Saints Joachim & Anne, **BRIZAN**;
Blessed Trinity, **FONTELOY**;
Church of the Uganda Martyrs, **HAPPY HILL**;
Our Lady Queen of the Universe, **MT. MORITZ**;
St. Benedict the Moor, **RIVER ROAD/DARBEAU**
Our Lady Lily of the Valley, **TEMPE**.

Contributor:  **The Computer Store**
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Weekly Bulletin

4th Sunday in Ordinary Time / A - February 01st, 2026

Sunday Mass Schedules:

Cathedral Saturday: 6:00 p.m.
Belmont Saturday: 6:00 p.m.
Brizan Sunday: 6:30 a.m.
Cathedral Sunday: 8:00 a.m.

Happy Hill Sunday: 8:00 a.m.
Tempe Sunday: 8:00 a.m.
Fontenoy Sunday: 10:00 a.m.
Mt. Moritz Sunday: 10:00 a.m.

Weekday Masses:

Cathedral: 6:15 a.m. & 12:15 p.m.
Happy Hill - Wednesday - 6 p.m.

CONFESION:

Cathedral: Saturdays: 7.00 a.m. - 8.00 a.m.
(Priests available at request)

Welcome to the liturgy for the 4th Sunday in Ordinary Time, Year A. This Sunday's readings centre on God's call to humility, justice, and the Beatitudes, inviting us all to embrace spiritual poverty and be peacemakers in our daily life.

The First Reading from Zephaniah 2:3; 3:12-13: urges the humble to seek the Lord, promising a remnant faithful to Him amid judgment.

The Second Reading from 1 Corinthians 1:26-31: reminds us that God chooses the weak to shame the strong, making Christ our wisdom and redemption.

Gospel: Matthew 5:1-12: presents Jesus' Beatitudes, proclaiming blessings on the poor in spirit, mourners, meek, merciful, clean of heart, peacemakers, and persecuted.

Parish Pastoral Team: **FR. CARL HAYNES** (Cathedral Administrator)
DEACON RAPHAEL JOHNSON (Parish Deacon)
THE PRESENTATION BROTHERS