

For everyone who asks receives; he who seeks finds; and to him who knocks, the door will be opened. Luke 11:10 (NIV) The puzzle is based on Luke 11:1-9 (NIV).



Seek Knock

P	R	A	Y	Y	В	S	L	E	F	X	E	В	P	Н
U	K	I	N	G	D	0	M	L	Т	S	P	D	Q	Α
Α	Y	Z	A	U	В	Q	Q	S	E	E	E	R	X	L
U	Q	В	S	В	U	R	W	F	Z	A	A	E	G	L
0	R	R	K	P	U	J	I	U	R	Z	D	C	K	0
0	N	E	0	L	F	Ν	P	Ι	P	I	A	Q	Н	W
Т	Α	A	P	X	Α	Α	F	V	I	X	E	M	M	E
E	M	D	E	D	M	F	Т	W	Т	F	S	N	U	D
M	E	C	Ν	Н	R	D	0	Н	N	L	F	В	D	W
P	P	K	K	R	Ν	Е	G	R	E	S	M	Υ	Y	U
A	V	N	Ι	Ι	Q	I	C	C	G	R	Т	C	D	Y
Т	N	0	F	U	N	J	C	E	S	I	N	S	A	0
I	J	C	W	D	K	S	D	G	I	J	V	Q	I	A
0	Q	K	I	F	В	E	K	P	I	V	J	E	L	A
N	М	M	W	N	M	1	1	Р	V	W	F	M	Y	Р

FIND SEEK MIDNIGHT SINS

PRAY **FATHER** DAILY KINGDOM OPEN NAME TEACH HALLOWED

KNOCK LEAD **FORGIVE**

TEMPATION FRIEND RECEIVE BREAD



Parish Pastoral Team: FR. KUFRE EMMANUEL MSP (Cathedral Administrator) FR. RAYMOND INAEDE (Priest-in-residence) **DEACON RAPHAEL JOHNSON (Parish Deacon)** THE PRESENTATION BROTHERS

REFLECTION

This Sunday the Church draws our attention to the need to always turn to God in prayer in all our life circumstances. She reminds us that prayer is the key to unlocking and entering the heart of God. Christ himself gives us this key to success. He teaches us how to pray, as well as encourages us to pray without ceasing.

Today's gospel (cf. Luke 11:1-13) is an explicit call to pray. The wise disciple humbly implored Christ: "Lord teach us how to pray." He is like the man who says: "Do not give me fish! Rather, teach me how to fish." Christ prayed and also taught us how to pray.

Jesus taught us that prayer is a necessary tool for us. All we need is to be persistent, patient, and humble. Unfortunately, most people do not pray, they have lost faith in prayer and consequently in God, yet we want mountains to be moved on our behalf?

Our God never goes to sleep but if we must achieve any success in our mission, we must revive our prayer life and burn with the zeal to pray. Therefore, like the disciple in today's gospel, we must humbly implore Jesus: "Lord teach us how to pray."

Prayer is a "simple project" that accomplishes much. It is also a thing of the spirit. Hence, Paul reminds us: "We do not know what to pray for, but the Spirit intercedes for us in groans that words cannot express" (Rom 8:26). So, we must constantly ask the Holy Spirit to help us to pray; and pray according to the will and mind of God

If we persevere, we shall gladly testify with the psalmist: "On the day I called, you answered me, O Lord!"

LET US PRAY FOR THE SICK AND SHUT-INS IN OUR PARISH COMMUNITY:

Limo Grant, Ann Bishop, Thelma Joseph, Michael Philbert, Dean Andrew, Clarissa Bain, Arnold Joseph, Ambrose Noel, Andrea Jessica, Veronica Thomas, Emma Joseph, Joseph Ross, Finley Gill.

NOTICES

Next Sunday, August 3rd will be celebrated as Emancipation Sunday, everyone is encouraged to wear their African attire. There will also be a bring and share at the Cathedral after mass, everyone is encouraged to be apart of this activity.

The Catholic Charismatic Renewal will be having a Jericho March in St. George's this Sunday 27th July. Persons should gather at the bus Terminus at 2:00 pm.

Our Lady Queen of Peace, Belmont invites all to her take away BBQ on Friday 8th August, 2025 at the church grounds. at a cost of \$20.00 starting time 4pm to 7pm.

St. Matthew's R.C. Church (Birchgrove) invites all to their Annual Harvest on Friday 1st August, 2025 at the church grounds, starting time 12 noon.

Our Lady of the Rosary of Fatima R.C. Parish invites all to their Annual Emancipation Drum Mass and Brunch on Sunday 3rd August, 2025 at 8 am at the church, St Paul's. Brunch follows immediately after mass.

WEEKDAY READINGS (PSALTER WEEK 1)

28 Monday - Ordinary Weekday

Exodus 32: 15-24, 30-34; Matthew 13: 31-35

29 Tuesday - St. Martha, Mary and Lazarus

Exodus 33: 7-11; 34: 5b-9, 28; John 11: 19-27 or Luke 10: 38-42

30 Wednesday - Weekday in Ordinary Time

Exodus 34: 29-35: Matthew 13: 44-46

31 Thursday - Weekday in Ordinary Time

Exodus 40: 16-21, 34-38; Matthew 13: 47-53

01 Friday - Weekday in Ordinary Time

Leviticus 23: 1, 4-11, 15-16, 27, 34b-37; Matthew 13: 54-58

02 Saturday - Weekday in Ordinary Time

Leviticus 25: 1, 8-17; Matthew 14: 1-12

Nutrition Tip for the week

Moringa leaves and seeds are helpful for fighting cancer, reducing inflammation, lowering bad cholesterol, and controlling blood sugar. Avoid taking at the same time with prescribed medication. Pregnant women should avoid the root and bark.

Catechesis Corner

THE TEN COMMANDMENTS CONT... THE FIFTH COMMANDMENT cont... You shall not kill. (Ex 20:13; cf. Deut 5:17)

II. RESPECT FOR THE DIGNITY OF PERSONS

Respect for Life

Life and physical health are precious gifts entrusted to us by God. We must take reasonable care of them, taking into account the needs of others and the common good.

Concern for the health of its citizens requires that society help in the attainment of living-conditions that allow them to grow and reach maturity: food and clothing, housing, health care, basic education, employment, and social assistance.

If morality requires respect for the life of the body, it does not make it an absolute value. It rejects a neo-pagan notion that tends to promote the cult of the body, to sacrifice everything for its sake, to idolize physical perfection and success at sports. By its selective preference of the strong over the weak, such a conception can lead to the perversion of human relationships.

The virtue of temperance disposes us to avoid every kind of excess: the abuse of food, alcohol, tobacco, or medicine. Those incur grave guilt who, by drunkenness or a love of speed, endanger their own and others' safety on the road, at sea, or in the air.

The use of drugs inflicts very grave damage on human health and life. Their use, except on strictly therapeutic grounds, is a grave offense. Clandestine production of and trafficking in drugs are scandalous practices. They constitute direct co-operation in evil, since they encourage people to practices gravely contrary to the moral law.

Respect for the person and scientific research

Scientific, medical, or psychological experiments on human individuals or groups can contribute to healing the sick and the advancement of public health.

Basic scientific research, as well as applied research, is a significant expression of man's dominion over creation. Science and technology are precious resources when placed at the service of man and promote his integral development for the benefit of all. By themselves however they cannot disclose the meaning of existence and of human progress. Science and technology are ordered to man, from whom they take their origin and development; hence they find in the person and in his moral values both evidence of their purpose and awareness of their limits.

To be cont..

PRAYER FOR PROTECTION AGAINST

NATURAL DISASTERS

Loving Father, maker of heaven and earth, Lord of all creation. All elements of nature obey your command. With faith in your love and mercy, we pray that you may protect us, your people from storms, hurricanes and all other natural disasters. We place all our trust and hope in you, calm our fears and help us to be thankful to you for your goodness. Lord hear our prayer and answer us in your wisdom, love and mercy. Through Christ our Lord. Amen.

HURRICANE CHECKLIST

- FOOD (SEVERAL DAYS OF NON-PERISHABLES)
- BATTERY POWERED OR HAND CRANK RADIO
- FLASHLIGHT
- FIRST AID KIT
- CASH (CHANCE ATMS WON'T BE WORKING)
- LOCAL MAPS
- **CELL PHONE CHARGERS**
- A WHISTLE TO SIGNAL FOR HELP

POPE'S PRAYER INTENTION FOR JULY:

For formation in discernment

Let us pray that we might again learn how to discern, to know how to choose paths of life, and reject everything that leads us away from Christ and the Gospel.

Parish Contact Information

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CATHEDRAL OF THE IMMACULATE CONCEPTION



Our Lady Oueen of Peace, BELMONT/SPRINGS

Saints Joachim & Anne, BRIZAN; Blessed Trinity, **FONTENOY**;

Church of the Uganda Martyrs, **HAPPY HILL**;

Our Lady Queen of the Universe, MT. MORITZ;

St. Benedict the Moor, RIVER ROAD/DARBEAU Our Lady Lily of the Valley, **TEMPE.**



17th Sunday in Ordinary Time / C - July 27th, 2025

Sunday Mass Schedules:

Cathedral Saturday: 6:00 p.m. Belmont Saturday: 6:00 p.m. Brizan Sunday: 6:30 a.m. Cathedral Sunday: 8:00 a.m.

Happy Hill Sunday: 8:00 a.m. Tempe Sunday: 8:00 a.m. Fontenoy Sunday: 10:00 a.m. Mt. Moritz Sunday: 10:00 a.m.

Weekday Masses:

Cathedral: 6:15 a.m. & 12:15 p.m. Happy Hill - Wednesday - 6 pm

CONFESSION:

Cathedral: Saturdays: 7.00 a.m. - 8.00 a.m. (Priests available at request)

Welcome!

Jesus says to us what he said to his disciples: 'Ask, and you will receive; seek, and you will find; knock, and the door will be opened to you.'

In this way, he urges us to have a recourse to God with confidence and persistence in all our needs.

First Reading: From the Book of Genesis chapter 18 verses 20 to 32. Abraham intercedes with God on behalf of Sodom, a city full of evil.

Second Reading: Through Baptism, a Christian dies to the old sinful way of life, and rises to live a new life. From the letter of St. Paul to the Colossians chapter 2 verses 12 to 14.

Gospel: According to Luke chapter 11 verses 1 to 13. Jesus urges the Apostles to pray to God with child-like trust for all their spiritual and temporal needs.