

## **The basic essentials of the Catholic Faith (Part I)**

### **(1) - THE BEATITUDES (Matthew 5:1-12)**

- 1 - Blessed are the poor in spirit: for theirs is the kingdom of heaven.
- 2 - Blessed are the meek: for they shall possess the land.
- 3 - Blessed are they who mourn: for they shall be comforted.
- 4 - Blessed are they that hunger and thirst after justice: for they shall have their fill.
- 5 - Blessed are the merciful: for they shall obtain mercy.
- 6 - Blessed are the clean of heart: for they shall see God.
- 7 - Blessed are the peacemakers: for they shall be called the children of God.
- 8 - Blessed are they that suffer persecution for justice' sake, for theirs is the kingdom of heaven.

### **(2) - THE TEN COMMANDMENTS (Exodus - Chapter 20)**

1. I, the Lord, am your God. You shall not have other gods besides me.
2. You shall not take the name of the Lord God in vain
3. Remember to keep holy the Lord's Day
4. Honor your father and your mother
5. You shall not kill
6. You shall not commit adultery
7. You shall not steal
8. You shall not bear false witness
9. You shall not covet your neighbour's spouse
10. You shall not covet your neighbour's goods.

### **(3) - THE TWO GREATEST COMMANDMENTS OF JESUS (Matthew 22:37)**

1. You shall love the Lord your God with all your heart, and with all your soul, and with all your mind.
2. You shall love your neighbour as yourself.

## **The basic essentials of the Catholic Faith**

### **(Part II)**

#### **(4) - THE FIVE PRECEPTS OF THE CHURCH (CCC 2041-2043)**

- 1 - You shall attend Mass on Sundays and on holy days of obligation and rest from servile labour
- 2 - You shall confess your sins at least once a year
- 3 - You shall receive the sacrament of the Eucharist at least during the Easter season
- 4 - You shall observe the days of fasting and abstinence established by the Church
- 5 - You shall help to provide for the needs of the Church.

#### **(5) - THE FOUR MARKS OF THE CATHOLIC CHURCH**

- 1 - Unity (Romans 12:5)
- 2 - Sanctity (Ephesians 5:25-27)
- 3 - Catholicity (Matthew 28:19-20)
- 4 - Apostolicity (Ephesians 2:19-20)

#### **(6) - THE SEVEN SACRAMENTS**

1. Baptism (Matthew 28:16-20)
2. Confirmation (Acts 8:14–17, 9:17, 19:6 and Hebrews 6:2)
3. Holy Communion (Luke 22:19 -20)
4. Confession (John 20:21-23)
5. Marriage (Genesis 2:24)
6. Holy Orders (1 Peter 2:9)
7. Anointing of the Sick (James 5:14)

## **The basic essentials of the Catholic Faith**

### **(Part III)**

#### **(7) - THE SEVEN DEADLY SINS (CCC # - 1866)**

1. Pride: Unrestrained appreciation of our own worth.
2. Greed: Immoderate desire for earthly goods.
3. Lust: Hankering for impure pleasures.
4. Anger: Inordinate desire for revenge.
5. Gluttony: Unrestrained use of food and drink.
6. Envy: Sorrow over another's good fortune.
7. Sloth: Laxity in keeping the Faith and the practice of virtue, due to the effort involved.

#### **(8) - THE SEVEN CAPITAL VIRTUES TO OVERCOME THE SEVEN DEADLY SINS**

- 1 - Humility (overcomes pride)
- 2 - Generosity (Overcomes greed)
- 3 - Chastity (Overcomes Lust)
- 4 - Meekness (Overcomes Anger)
- 5 - Temperance (Overcomes Gluttony)
- 6 - Brotherly Love (Overcomes Envy)
- 7 - Diligence (Overcomes Sloth)

#### **(9) - THE THREE THEOLOGICAL VIRTUES (1 Corinthians 13:13)**

1. Faith
2. Hope
3. Charity

#### **(10) - THE FOUR CARDINAL VIRTUES (Wisdom of Solomon 8:7)**

1. Justice
2. Prudence

3. Fortitude
4. Temperance

**(11) - THE SEVEN GIFTS OF THE HOLY SPIRIT (1 Corinthians 12)**

1. Wisdom
2. Understanding
3. Fortitude
4. Counsel
5. Knowledge
6. Piety
7. Fear of the Lord

**The basic essentials of the Catholic Faith**

**(Part IV)**

**(11) - THE SEVEN GIFTS OF THE HOLY SPIRIT (1 Corinthians 12)**

1. Wisdom
2. Understanding
3. Fortitude
4. Counsel
5. Knowledge
6. Piety
7. Fear of the Lord

**(12) - THE NINE SPIRITUAL GIFTS OF THE HOLY SPIRIT**

(1 Corinthians 12, Romans 12, and Ephesians 4, 1 Peter 4)

\*Class of Gifts of the Holy Spirit known as Charismata:\*

1. Gift of speaking with wisdom and knowledge
2. Gift of discipleship or apostleship
3. Gift of Faith

4. Gift of healing
5. Gift of miracles
6. Gift of prophecy
7. Gift of discerning spirits
8. Gift of tongues
9. Gift of interpreting speeches

### **(13) - THE TWELVE FRUITS OF THE HOLY SPIRIT**

(Galatians 5:22-23)

1. Charity
2. Joy
3. Peace
4. Patience
5. Kindness
6. Goodness
7. Long Suffering
8. Mildness
9. Faith
10. Modesty
11. Continence
12. Chastity

### **The basic essentials of the Catholic Faith**

#### **(Part V)**

### **(14)-THE SEVEN SPIRITUAL WORKS OF MERCY**

- 1 - To admonish the sinner: "...there will be more joy in Heaven at the repentance of one sinner than at ninety-nine of the righteous who had no need of repentance." Lk. 15:7
- 2 - To instruct the ignorant: "Go into the whole world and proclaim the good news to all creation." Mk. 16:1
- 3 - To counsel the doubtful: "Peace I leave with you, my peace I give to you...Let not your hearts be troubled..." Jn. 14:27
- 4 - To comfort the sorrowful: "Come to me, all you grown weary and

burdened, and I will refresh you." Mt. 11:28

5 - To bear wrongs patiently: "...Love your enemies, do good to those who hate you, bless those who curse you." Lk. 6:27-28

6 - To forgive all injuries: "And forgive us our debts, as we forgive our debtors." Mt. 6:12

7 - To pray for the living and the dead: "Father, I desire that they, too, may be with me where I am..." Jn. 17:24

### **(15) - THE SEVEN CORPORAL WORKS OF MERCY**

1- To feed the hungry: "For I was hungry and you gave me to eat." Mt.25:35

2 - To give drink to the thirsty: "...I was thirsty and you gave me to drink..." Mt. 25:35

3 - To clothe the naked: "I was...naked and you clothed me..." Mt. 25:36

4 - To visit the imprisoned: "I was in prison and you came to me." Mt.25:36

5 - To shelter the homeless: "...I was a stranger and you took me in..." Mt. 25:35

6 - To visit the sick: "...I was sick and you cared for me..." Mt. 25:36

7 - To bury the dead: "Amen, I say to you, insofar as you did it for one of

these least of my brothers, you did it for me." Mt. 25:40

### **The basic essentials of the Catholic Faith**

#### **(Part VI)**

### **(16) - THE FOUR SINS CRYING TO HEAVEN FOR VENGEANCE**

1. Willful murder (including abortion) : And the Lord said, "What have you done? The voice of your brother's blood is

crying to me from the ground." (Genesis 4:10).

2. The sin of Sodom: Then the Lord said, "Because the outcry against Sodom and Gomorrah is great and their sin is very grave, I will go down to see whether they have done altogether according to the outcry which has come to me." (Genesis 18:20-21).

3. Oppression of the poor: "You shall not afflict any widow or

orphan. If you do afflict them, and they cry out to me, I will surely hear their cry." (Exodus 21-23)

4. Defrauding laborers of their wages: "You shall not oppress a hired servant who is poor and needy, whether he is one of your brethren or one of the sojourners who are in your land within your towns; you shall give him his hire on the day he earns it, before the sun goes down (for he is poor, and sets his heart upon it); lest he cry against you to the Lord, and it be a sin in you." (Deuteronomy 24:14-15).

### **(17) - THE SIX SINS AGAINST THE HOLY SPIRIT**

Blasphemy against the Holy Spirit ( Matthew 12:31 )  
Looking at the Catechism of the Catholic Church, blasphemy against the Holy Spirit is the "deliberate refusal" to accept God's mercy and forgiveness (no. 1864). Six species of this sin have been identified over time as

1. Presumption of God's mercy. (CCC # 2092)
2. Despair. (CCC # 2091 , 1817)
3. Impugning the known truth. (CCC # 2089)
4. Envy at another's spiritual good.
5. Obstinacy in sin.
6. Final impenitence (CCC # 1430-1433)

### **The basic essentials of the Catholic Faith**

#### **(Part VII)**

### **18) - NINE WAYS OF BEING ACCESSORY TO ANOTHER'S SIN**

1. By counsel.
2. By command.
3. By consent.
4. By provocation.
5. By praise or flattery.
6. By concealment.
7. By partaking.

8. By silence.
9. By defense of the ill done

**(19) - THE THREE EMINENT GOOD WORKS**  
( Tobit 12:8 also known as the three pillars of Judaism)

1. Prayer - Mathew 6:5-6
2. Fasting - Mathew 6:16-18
3. Almsgiving - Mathew 6:2-4

**(20) - CONDITIONS FOR SIN**

1. Grave matter
2. Full knowledge
3. Deliberate consent

**(21) - THE THREE EVANGELICAL COUNSELS**

1. Voluntary poverty
2. Perpetual chastity
3. Entire obedience

**The basic essentials of the Catholic Faith**  
**(Part VIII)**

**(22) - THE FOUR PILLARS OF THE CATHOLIC FAITH**

1. The Apostles Creed
2. The Seven Sacraments
3. The Ten Commandments
4. The Lord's Prayer

**(23) - THE THREE PILLARS OF THE CHURCH'S AUTHORITY**



1. Sacred Scripture -  
All of the books of the Old Testament and the New Testament.
2. Sacred Tradition -  
The living tradition of the Church, the Church Fathers, the Sacred Liturgy.
3. Living Magisterium -  
The teaching authority of the Pope and all those bishops worldwide  
united with him.

#### **(24) THE THREE MUNERA (Duties of the ordained)**

1. Munus docendi (duty to teach, based on Christ's role as Prophet)  
(Matt. 13:57, Matt. 13:57)
2. Munus sanctificandi (duty to sanctify, based on Christ's role as Priest)  
(Heb. 6:20 , Heb. 9:11 , 1 Tim. 2:5)
3. Munus regendi (duty to shepherd, based on Christ's role as King)  
(Matt. 27:11 , Matt. 27:11)

#### **The basic essentials of the Catholic Faith (Part IX)**

#### **(25) THE THREE PARTS OF THE CHURCH**

1. The Church Militant (Christians on Earth) (Matthew 16:18, Acts 11:25-26)
2. The Church Penitent (Christians in Purgatory) (I Corinthians 3:11-15)
3. The Church Triumphant (Christians in Heaven) (Revelation 19:7)

#### **(26) THE NINE CHOIRS OF ANGELS**

##### **FIRST TRIAD - CONTEMPLATE & ADORE GOD DIRECTLY**

1. Seraphim - (ISAIAH 6 : 1-7)
2. Cherubim - (Exd - 25:18-21 , Ezk - 10:14 , Rev - 4-6)
3. Thrones - (Ezk 10:17 , Col 1:16 , Dan 7:9)

## **SECOND TRIAD - FULFILL GOD'S PLAN IN THE UNIVERSE**

4. Dominions - (Eph 1:21 , Col 1:16)
5. Virtues - (Eph 1:21)
6. Powers - (Eph 3:10 , Eph 6:12)

## **THIRD TRIAD - INTERACT AND SERVE HUMANITY CLOSELY**

7. Principalities - (Eph 3:10 , Eph 1:21)
8. Archangels - (Jude 9 , 1 Thes 4:16 , Tob)
9. Angels - (Luke 22:43 , Mat 18:10 , Heb 13:2)

### **(27) THE THREE LEVELS OF REVERENCE**

1. Dulia: the reverence we give to Saints
2. Hyperdulia: the reverence we give to Mary as the greatest of Saints and Mother of God
3. Latria: the reverence and worship we give to God alone

## **The basic essentials of the Catholic Faith (Part X)**

### **(28) THE FOURTEEN HOLY HELPERS x THEIR FEASTDAY**

1. St. George, Martyr, April 23
2. St. Blaise, Bishop and Martyr, February 3
3. St. Pantaleon, Martyr, July 27
4. St. Vitus, Martyr, June 15
5. St. Erasmus (Elmo), Bishop and Martyr, June 2
6. St. Christopher, Martyr, July 25
7. St. Giles, Abbot, September 1
8. St. Cyriacus (Cyriac), Martyr, August 8
9. St. Achatius, Martyr, May 8
10. St. Dionysius (Denis), Bishop and Martyr, October 9
11. St. Eustachius (Eustace), Martyr, September 20
12. St. Catherine of Alexandria, Virgin and Martyr, November 25
13. St. Margaret of Antioch, Virgin and Martyr, July 20
14. St. Barbara, Virgin and Martyr, December 4

## **(29) THE SIX DAYS OF CREATION**

Day 1 — light and time (Gen 1:3-5);  
Day 2 — the sky and “separated” waters (Gen 1:6-8);  
Day 3 — dry ground, bodies of water, and plants (Gen 1:9-13);  
Day 4 — the sun, moon, stars, and planets (Gen 1:14-19);  
Day 5 — fish and birds (Gen 1:20-23);  
Day 6 — land animals and humans (Gen 1:24-30; 2:7,15-25).  
On the seventh day God rested from his work (Genesis 2:2-3).

## **The basic essentials of the Catholic Faith (Part XI)**

### **30) THE THREE POWERS OF THE SOUL**

1. Memory
2. Intellect
3. Will

### **(31) THE TWELVE TRIBES OF ISRAEL (Deuteronomy 33:6–25 and Judges 5:14–18)**

In order of their birth:\*

1. Reuben
2. Simeon
3. Levi
4. Judah
5. Zabulon
6. Issachar
7. Dan
8. Gad
9. Asher
10. Naphtali
11. Joseph (Menasseh and Ephraim)
12. Benjamin

## **(32) THE FOURTEEN STATIONS OF THE CROSS**

1. Jesus is Condemned to Die - (Mark 15: 1-15)
2. Jesus is Made to Bear His Cross - (John 19: 13-17)
3. Jesus Falls the First Time - (Isaiah 53: 4-7 , John 1:29)
4. Jesus Meets His Mother - (Luke 2: 25-40, Lamentations 1: 12, John 19: 26-27)
5. Simon Helps Jesus Carry His Cross - (Mark 15:21 , Mark 8:34 , 2 Timothy 2:3)
6. Veronica Wipes Jesus' Face - (Isaiah 53: 2-3 , Matthew 25: 40)
7. Jesus Falls the Second Time - (Psalm 38: 6-22 , Isaiah 63: 9)
8. Jesus Meets the Women of Jerusalem - (Luke 23: 27-31 , Matthew 7:21)
9. Jesus Falls the Third Time - (Psalm 37: 23-24 , Hebrews 4: 15-16)
10. Jesus is Stripped - (John 19: 23-24 , Psalm 22: 16-18)
11. Jesus is Nailed to the Cross - (Luke 23: 33-43 , John 19:1)
12. Jesus Dies on the Cross - (John 19: 38-40 , Psalm 22: 14-15)
13. Jesus is Taken Down from the Cross - (John 19: 38-40 , Psalm 22: 14-15)
14. Jesus is Laid in the Tomb - (Mark 15: 46-47 , Matthew 27: 57-61)

### **The basic essentials of the Catholic Faith (Part XI)**

## **(33) THE SEVEN LAST WORDS OF CHRIST**

1. Father, forgive them, for they know not what they do. (Luke 23:34)
2. Amen I say to thee: This day thou shalt be with me in paradise. (Luke 23:43)
3. Woman, behold thy son. . . Behold thy mother. (John 19:26-27)
4. Eli, Eli, Lamma Sabacthani? (My God, My God, why hast Thou forsaken me?) (Matthew 27:46, ref. Psalm 21)
5. I thirst. (John 19:28)
6. It is consummated. (John 19:30)
7. Father, into Thy hands I commend my spirit. (Luke 23:46, ref. Psalm 30:6)

## **(34) THE TWENTY MYSTERIES OF THE ROSARY (Sirach 50:8)**

### **1 -JOYFUL MYSTERIES**

First Decade: The Annunciation of Gabriel to Mary (Luke 1:26-38)

Second Decade: The Visitation of Mary to Elizabeth (Luke 1:39-56)

Third Decade: The Birth of Our Lord (Luke 2:1-21)  
Fourth Decade: The Presentation of Our Lord (Luke 2:22-38)  
Fifth Decade: The Finding of Our Lord in the Temple (Luke 2:41-52)

## **2 - LUMINOUS MYSTERIES**

First Decade: The Baptism of Our Lord in the River Jordan (Matthew 3:13-16)  
Second Decade: The Wedding at Cana, when Christ manifested Himself  
(Jn2:1-11)  
Third Decade: The Proclamation of the Kingdom of God (Mark 1:14-15)  
Fourth Decade: The Transfiguration of Our Lord (Matthew 17:1-8)  
Fifth Decade: The Last Supper, when Our Lord gave us the Holy Eucharist  
(Mt 26)

## **3 - SORROWFUL MYSTERIES**

First Decade: The Agony of Our Lord in the Garden (Matthew 26:36-56)  
Second Decade: Our Lord is Scourged at the Pillar (Matthew 27:26)  
Third Decade: Our Lord is Crowned with Thorns (Matthew 27:27-31)  
Fourth Decade: Our Lord Carries the Cross to Calvary (Matthew 27:32)  
Fifth Decade: The Crucifixion of Our Lord (Matthew 27:33-56)

## **4 - GLORIOUS MYSTERIES**

First Decade: The Glorious Resurrection of Our Lord (John 20:1-29)  
Second Decade: The Ascension of Our Lord (Luke 24:36-53)  
Third Decade: The Descent of the Holy Spirit at Pentecost (Acts 2:1-41)  
Fourth Decade: The Assumption of Mary into Heaven (Song of Songs 2:2,10-11)  
Fifth Decade: The Coronation of Mary as Queen of Heaven and Earth (Gn 3:15a) (Jdt 13:18) (Jdt 15:9) (Rv 12:1) (Sir 24:4) (Sir 14:9) (Cor 4:17) (Lk8:21)(Gal 4:19)

## **The basic essentials of the Catholic Faith (Part XIII)**

### **(35)THE FOUR LAST THINGS (The Novissima)**

1. Death
2. Judgement

3. Heaven

4. Hell

### **(36) THE CATHOLIC BIBLE**

(73 Books in total -46 books of the Old Testament and the 27 books of the New Testament.)

#### **OLD TESTAMENT**

##### **1. PENTATEUCH:**

Genesis, Exodus, Leviticus, Numbers, Deuteronomy

##### **2. HISTORICAL BOOKS:**

Joshua, Judges, Ruth, 1 Samuel, 2 Samuel, 1 Kings, 2 Kings, 1 Chronicles, 2 Chronicles,

Ezra, Nehemiah, Tobit, Judith, Esther, 1 Maccabees, 2 Maccabees

##### **3. WISDOM BOOKS:**

Job, Psalms, Proverbs, Ecclesiastes, Song of Solomon, Wisdom, Sirach

##### **4. PROPHETIC BOOKS:**

Isaiah, Jeremiah, Lamentations, Baruch, Ezekiel, Daniel, Hosea, Joel, Amos,

Obadiah, Jonah, Micah, Nahum, Habakkuk, Zephaniah, Haggai, Zechariah, Malachi

##### **5. DEUTROCANONICAL**

Tobit, Judith, 1 and 2 Maccabees, Wisdom, Sirach, Baruch, parts of Esther and parts of Daniel

#### **NEW TESTAMENT**

##### **1. THE GOSPELS:**

Matthew, Mark, Luke, John

##### **2. HISTORICAL BOOK:**

Acts

**3. PAULINE EPISTLES:**

Romans, 1 Corinthians, 2 Corinthians, Galatians, Ephesians,  
Philippians, Colossians, 1 Thessalonians, 2 Thessalonians, 1 Timothy,  
2 Timothy, Titus, Philemon, Hebrews

**4. GENERAL EPISTLES:**

James, 1 Peter, 2 Peter, 1 John, 2 John, 3 John, Jude

**5. REVELATION:**

Revelations

**The basic essentials of the Catholic Faith  
(Part XIV)**

**(37) THE FOUR END SACRIFICE OF THE MASS**

1. Adoration
2. Atonement
3. Thanksgiving
4. Petition

**(38) THE SEVEN PLACES JESUS SHED HIS BLOOD**

1. In the Garden of Gethsemane. (Luke 22:44)
2. At the whipping post. (Mat 27:26 )
3. Internally - from the intense beating (Mat 27:26)
4. When they put the crown of thorns on His head. (Mat 27:29)
5. When they pierced His hands. (Mat 27:35)
6. When they pierced His feet. (Mat 27:35)
7. When they pierced his side. (John 19:34)

## **The basic essentials of the Catholic Faith (Part XV)**

### **(39)THE O ANTIPHONS**

They are referred to as the "O Antiphons" because the title of each one begins with the vocative particle "O". Each antiphon is a name of Christ, one of his attributes mentioned in Scripture.

1. December 17: O Sapientia (O Wisdom) - Isaiah 11:2-3.
2. December 18: O Adonai (O Lord) - Isaiah 11:4-5 and 33:22
3. December 19: O Radix Jesse (O Root of Jesse) - Isaiah 11:1
4. December 20: O Clavis David (O Key of David) - Isaiah 22:22.
5. December 21: O Oriens (O Dayspring) Isaiah 9:1.
6. December 22: O Rex Gentium (O King of the Nations) Isaiah 2:4
7. December 23: O Emmanuel (O With Us is God) Isaiah 7:14

### **(40) THE CANDLES OF ADVENT**

1. Prophecy Candle (PURPLE) - Isaiah 7:14

This first candle represents hope or expectation in anticipation of the coming Messiah.

2. Bethlehem Candle (PURPLE) - Luke 2:12

This candle typically represents love.

3. Shepherds Candle (PINK) - Luke 2:8–11

This candle represents joy

4. Angels Candle (PURPLE)- Luke 2:13–14

This candle represents peace

5. Christ Candle (WHITE) - Isaiah 9:2-7

This candle represents Jesus

## **The basic essentials of the Catholic Faith (Part XVI)**



## **(41) CATHOLIC PRAYERS**

### **A - Classification of Prayer**

#### **1. Liturgical Prayer**

Public prayer that follows prescribed ritual formulas. These are formal in nature

For example - Holy Mass, Divine Office etc.

#### **2. Non Liturgical Prayer**

Public prayer that may or may not follow prescribed ritual formulas. May be informal in nature

For example - Holy Rosary, Prayers to Saints and Angels, private prayers, devotionals etc.

### **B - Expressions of Prayer ( CCC 2720 - 2724 )**

#### **1. Vocal Prayer**

Vocal prayer is that which is made by using some approved form of words, read

or recited; such as the sign of the cross, the Liturgy of the Hours (Divine Office),

the Angelus, grace before and after meals, etc.

#### **2. Meditative Prayer**

Meditation is a form of reflective prayer which engages thought, imagination, emotion, and desire.

For example - The Rosary or Lectio Divina

#### **3. Contemplative Prayer**

Contemplative prayer is a silent attentiveness which looks at God by contemplating and adoring his attributes.

### **C - Basic Forms of Prayer (CCC 2644 – 2649)**

#### **1. Adoration**

A Prayer where God is worshipped

#### **2. Petition**

A prayer of petition is a request to God that asks him to fulfill a need.

#### **3. Intercession**

Prayer of intercession consists in asking on behalf of another.

#### **4. Thanksgiving**

A prayer thanking God for something.

## 5. Praise

Prayers of praise acknowledge God for what He is....

### **The basic essentials of the Catholic Faith (Part XVII)**

#### **(42)- SEVEN THINGS GOD HATES**

(Proverbs 6:16-19)

1. Haughty eyes
2. A lying tongue
3. Hands that shed innocent blood
4. A heart that devises wicked plans
5. Feet that make haste to run to evil
6. A false witness who breathes out lies
7. One who sows discord among brothers.

#### **(43) - THE TWELVE APOSTLES**

(See Matthew 10:1-4 and Luke 6:12-16.)

1. Peter
2. James
3. John
4. Andrew
5. Bartholomew or Nathanael
6. James, the Lesser or Younger
7. Judas was replaced by Mattais
8. Jude or Thaddeus
9. Matthew or Levi
10. Philip
11. Simon the Zealot
12. Thomas

**The basic essentials of the Catholic Faith**  
**(Part XVIII)**

**(44)- THE THREE ATTRIBUTES OF THE CHURCH**

1. Authority
2. Infallibility
3. Indefectibility

**(45) - THE SEVEN SORROWS OF MARY**

1. The Prophecy of Simeon (Luke 2: 34-35)
2. The Flight into Egypt (Matthew 2: 13-21)
3. The Loss of Jesus for Three Days (Luke 2: 41-50)
4. The Carrying of the Cross (John 19: 17)
5. The Crucifixion of Jesus (John 19: 18-30)
6. Jesus Taken Down from the Cross (John 19: 39-40)
7. Jesus Laid in the Tomb (John 19: 39-42)

**(46) - THE SEVEN JOYS OF MARY**

1. The Annunciation (Luke 1:26-38)
2. The Visitation (Luke 1:39-56)
3. The Nativity of Our Lord Jesus Christ (Matthew 1)
4. The Adoration of the Magi (Matthew 2:11)
5. The Finding of the Child Jesus in the Temple (Luke 2:41-52)
6. The Appearance of Christ to Mary after the Resurrection (John 20, 21)
7. The Assumption and Coronation of Mary as Queen of Heaven (Revelation 12:1)

**The basic essentials of the Catholic Faith**

(47) - The different liturgical traditions and rites of the church

1. LATIN LITURGICAL TRADITION :

A - Latin Church

Rites

**a) - Roman Rite**

i. Ordinary Form (1969 revision)

ii. Glagolitic Rite

iii. Extraordinary Form (According to the 1962 Roman Missal)

\* Pontifical High Mass

\* Missa Solemnis or Solemn High Mass

\* Missa Cantata or High Mass

\* Missa Privata or Low Mass

iv. Personal Ordinariates (celebrate Divine Worship, a liturgy adapted from the

Anglican tradition)

v. Zaire Use

**b) - Gallican Rites**

i. Ambrosian Rite (in Milan, Italy, and neighbouring areas)

ii. Braga Rite

iii. Mozarabic Rite (in Toledo and Salamanca, Spain)

iv. Lyonese Rite (in Lyon, France, maintained in a few parishes)

**c) - Catholic Order Rites**

i. Benedictine Rite

ii. Carmelite Rite (only by some communities or members of the order)

iii. Carthusian Rite (a Western rite of the Gallican family)

iv. Cistercian Rite

v. Dominican Rite (only by some communities or members of the order)

vi. Premonstratensian (Norbertine) Rite

vii. Rites in a broad sense (not distinct from the Roman Rite)

\* Capuchin Rite

\* Franciscan Rite

\* Servite Rite

**d) - Defunct Rites ( not in use )**

i. Pre-Tridentine Mass (the various pre-1570 ordinary forms of the Roman

- Rite)
- ii. Gallican Rite ('Gaul', i.e. France)
- iii. Celtic Rite (British Isles)
- iv. African Rite
- v. Aquileian Rite (northeastern Italy)
- vi. Durham Rite (Durham, England)
- vii. Sarum Rite (England)
- viii. Use of York (England)
- ix. Cologne Use (Cologne, Germany)
- x. The Esztergom Use
- xi. Benevente and Sizilian Use

## **The basic essentials of the Catholic Faith**

### **(48) - STRUCTURE OF THE CATHOLIC CHURCH**

#### **1. PATRIARCHATES**

A patriarchal church is a full-grown form of an Eastern Catholic church. It is 'a community of the Christian faithful joined together by' a Patriarchal hierarchy.

The Patriarch together with the synod of bishops has the legislative, judicial and administrative powers within jurisdictional territory of the patriarchal church, without prejudice to those powers reserved, in the common law to the Roman pontiff (CCEO 55-150)

- A - The Latin Catholic Church
- B - The Coptic Catholic Church
- C - The Chaldean Catholic Church
- D - The Maronite Catholic Church
- E - The Melkite Greek Catholic Church
- F - The Syriac Catholic Church
- G - The Armenian Catholic Church

#### **2. MAJOR ARCHEPISCOPAL CHURCHES**

Major archiepiscopal churches are the oriental churches, governed by the major archbishops being assisted by the respective synod of bishops. These churches also have almost the same rights and obligations of Patriarchal Churches. A

major  
archbishop is the metropolitan of a see determined or recognized by the  
Supreme  
authority of the Church, who presides over an entire Eastern Church sui iuris  
that  
is not distinguished with the patriarchal title.  
A - The Romanian Greek Catholic Church  
B - The Syro-Malabar Catholic Church  
C - The Syro-Malankara Catholic Church  
D - The Ukrainian Greek Catholic Church

### **3. METROPOLITAN CHURCHES**

The sui iuris church, which is governed by a metropolitan, is called a  
metropolitan  
church sui iuris. " A Metropolitan Church sui iuris is presided over by the  
Metropolitan of a determined see who has been appointed by the Roman  
Pontiff and is  
assisted by a council of hierarchs according to the norm of law" (CCEO. 1551)  
A - The Ethiopian Catholic Church  
B - The Eritrean Catholic Church  
C - The Hungarian Greek Catholic Church  
D - The Ruthenian Greek Catholic Church  
E - The Slovak Greek Catholic Church

### **4. CHURCHES IN SUI JURIS**

It is "a Church sui iuris which is neither patriarchal nor major archiepiscopal  
nor  
Metropolitan, and is entrusted to a hierarch who presides over it in  
accordance  
with the norm of common law and the particular law established by the  
Roman Pontiff" (CCEO. 174)  
A - The Albanian Greek Catholic Church  
B - The Belarusian Greek Catholic Church  
C - The Bulgarian Greek Catholic Church  
D - The Byzantine Catholic Church of Croatia and Serbia  
E - The Greek Byzantine Catholic Church  
F - The Italo-Albanian Catholic Church

G - The Macedonian Greek Catholic Church  
H - The Russian Greek Catholic Church.

**The basic essentials of the Catholic Faith**

(49) JESUS CHRIST'S REAL PRESENCE IN THE HOLY EUCHARIST

IN THE APPEARANCE OF BREAD & WINE:

1. Body
2. Blood
3. Soul
4. Divinity

**The End.**