



The Temptation of Jesus

Then Jesus was led by the Spirit into the desert to be tempted by the devil. Matthew 4:1 (NIV)

The puzzle is based on Matthew 4:1-11 (NLT).



R P J L D S T E M P T E D B K
 P Q G R H P W E G H J S V W J
 V Y O N N H V X W D E A W F E
 M L Y R N R F E E N S T S D W
 V O A G E X B O W X U A D B O
 S B U S K S B O E D S N Y T R
 O P D N I I B I U E O C M A S
 F I L S T S N C W V V L O Z H
 I A M E L A Z G K I D B M L I
 B Q S E N A I D D L I W U R P
 L R G T D D R N E O L P W F N
 H N E L I O O E S N M E D S X
 A C R A W N B R E V G S L F C
 J O F U D Y G E R T E M P L E
 W H H U N G R Y T S T O N E S

WORD	WORSHIP	LORD	MOUNTAIN	BOW
TEMPTED	ANGELS	HUNGRY	STONES	SERVE
WORLD	KINGDOMS	BREAD	DESERT	SPLENDOR
DEVIL	FASTING	SATAN	TEMPLE	JESUS

WEEKDAY READINGS (PSALTER WEEK 1)

23 Monday - Lenten Weekday St. Polycarp, Bishop, Martyr
 Leviticus 19: 1-2, 11-18; Matthew 25: 31-46

24 Tuesday - Lenten Weekday
 Isaiah 55: 10-11; Matthew 6: 7-15

25 Wednesday - Lenten Week
 Jonah 3: 1-10 ; Luke 11: 29-32 .

26 Thursday - Lenten Week
 Esther C: 12, 14-16, 23-25; Matthew 7: 7-12 .

27 Friday - Lenten Weekday
 Ezekiel 18: 21-28; Matthew 5: 20-26 .

28 Saturday - Lenten Weekday
 Deuteronomy 26: 16-19; Matthew 5: 43-48

REFLECTION

Jesus, filled with the Holy Spirit after his baptism, enters the desert and fasts for 40 days, facing three deliberate temptations from the devil that target his human vulnerabilities. Unlike Adam, who succumbed to doubt and desire in Eden, Jesus models unwavering fidelity by countering each assault not with power or argument, but by quoting Scripture, showing us that God's Word is our ultimate defence against evil.

Bread from stones: Weakened by hunger, Jesus rejects turning rocks into food, declaring, "One does not live by bread alone, but by every word that comes from the mouth of God". This prioritizes dependence on God's provision over self-reliance. **Jump from the temple:** The devil urges a spectacular leap to force angelic rescue, twisting Psalm 91, but Jesus replies, "You shall not put the Lord, your God, to the test", choosing humble faith over manipulative displays. **Worship for kingdoms:** Offered global dominion for a single bow, Jesus commands, "The Lord, your God, shall you worship and him alone shall you serve" valuing God's reign over fleeting power.

This narrative reverses humanity's fall through Adam's sin, as Jesus' obedience brings superabundant grace. Lent invites our own "desert"—through fasting to tame appetites, prayer to deepen trust, and almsgiving to reject control—helping us confront personal temptations like greed, doubt, or ambition. Ultimately, it urges repentance, imitating Christ's service to others and embracing God's merciful kingdom.



NOTICES

Remember; Lenten Season offers us an opportunity to deepen our life of faith by prayer, fasting and acts of charity. Stations of the cross continues at the Cathedral every Friday at 5pm and other mass centers are as follows:

Mt. Moritz - Thursdays at 6:00 p.m., Belmont - Fridays at 5:00 p.m.
 Happy Hill - Fridays at 6:00 p.m.

Our Lenten fast enables us to give up something to help the needy and the poor. Lenten charity 'collections' continues for this purpose. You are encouraged to do so generously. Thank you!

Parish Pastoral Council Meeting will be held on Monday March 2, 2026 5:00 pm at Norton Hall.

The Cathedral Parish would like to extend a heartfelt Thank You to everyone who supported, contributed and participated in the Independence Mass and Bring and Share. We appreciate the community spirit.

COLLECTIONS:

February 15th 2026 (6th Sunday in Ordinary Time /A)

Cathedral 6.00 p.m.	\$ 720.85	Belmont	\$ 197.00
Cathedral 8.00 a.m.	\$ 1476.17	Brizan	\$ 88.50
Happy Hill	\$ 862.80	Fontenoy	\$ 105.55
Tempe	\$ 352.00	Mt. Moritz	\$ 261.00

Total: \$4,063.87

Thank you for your generosity. God bless you always!

LET US PRAY FOR THE SICK AND SHUT-INS IN OUR PARISH

COMMUNITY:

Limo Grant, Ann Bishop, Thelma Joseph, Michael Philbert, Dean Andrew, Clarissa Bain, Arnold Joseph, Ambrose Noel, Andrea Jessica, Veronica Thomas, Emma Joseph, Joseph Ross, Finley Gill, Gwendolyn Noel, Beryl Grant, Mildred

Nutrition Tips For The Week

Fasting helps cleanse the body of toxins and supports weight loss. Choose hours during the daytime to eat 1 to 2 meals and allow the body to repair itself at night. Trust in the Lord to guide your fasting regimen.

Catechesis Corner

THE TEN COMMANDMENTS CONT...

THE SEVENTH COMMANDMENT CON'T- You shall not steal.

VI. Love For the Poor

He who has two coats, let him share with him who has none and he who has food must do likewise. (Lk 3:11). But give for alms those things which are within; and behold, everything is clean for you. (Lk 11:41). If a brother or sister is ill-clad and in lack of daily food, and one of you says to them, "Go in peace, be warmed and filled," without giving them the things needed for the body, what does it profit? (Jas 2:15-16; cf. 1 Jn 3:17).

"In its various forms - material deprivation, unjust oppression, physical and psychological illness and death - human misery is the obvious sign of the inherited condition of frailty and need for salvation in which man finds himself as a consequence of original sin.

This misery elicited the compassion of Christ the Savior, who willingly took it upon himself and identified himself with the least of his brethren. Hence, those who are oppressed by poverty are the object of a preferential love on the part of the Church which, since her origin and in spite of the failings of many of her members, has not ceased to work for their relief, defense, and liberation through numerous works of charity which remain indispensable always and everywhere." (CDF, instruction, Libertatis conscientia, 68).

Beginning with the Old Testament, all kinds of juridical measures (the jubilee year of forgiveness of debts, prohibition of loans at interest and the keeping of collateral, the obligation to tithe, the daily payment of the day-laborer, the right to glean vines and fields) answer the exhortation of Deuteronomy: "For the poor will never cease out of the land; therefore I command you, 'You shall open wide your hand to your brother, to the needy and to the poor in the land.'" (Deut 15:11) Jesus makes these words his own: "The poor you always have with you, but you do not always have me." (Jn 12:8). In so doing he does not soften the vehemence of former oracles against "buying the poor for silver and the needy for a pair of sandals . . .," but invites us to recognize his own presence in the poor who are his brethren: (Am 8:6; cf. Mt 25:40)

When her mother reproached her for caring for the poor and the sick at home, St. Rose of Lima said to her: "When we serve the poor and the sick, we serve Jesus. We must not fail to help our neighbors, because in them we serve Jesus. (P. Hansen, Vita mirabilis (Louvain, 1668).

End of the Seventh Commandment.

Prayer for the Discernment of A New Bishop

O God, Eternal Shepherd, who govern your flock with unchanging care, grant to your Church in St. George's-in-Grenada a shepherd who will faithfully follow in the footsteps of your Son, our Savior Jesus Christ. Give us a Bishop filled with wisdom and understanding so that, guided by your Holy Spirit, he may be a faithful pastor, a prudent teacher, wise in discerning the needs of our diocese and region. Strengthen him to uphold the gospel of truth, to lead your flock with humility and courage and to build up the Body of Christ in love and holiness. We ask this in the name of Jesus Christ our Lord. Immaculate Mary, Mother of the Church, pray with us and for us. **Amen.**

SYNOD PRAYER

We stand before You, Holy Spirit, as we gather together in Your name. With You alone to guide us, make Yourself at home in our hearts; Teach us the way we must go and how we are to pursue it. We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions. Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever.

Save the Dates

Cathedral Parish Lenten Mission - March 23-27, 2026

Parish Tea - April 30, 2026

Parish Harvest - May 25, 2026

Parish Contact Information

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CATHEDRAL OF THE IMMACULATE CONCEPTION



Our Lady Queen of Peace, **BELMONT; SPRINGS**
Saints Joachim & Anne, **BRIZAN;**
Blessed Trinity, **FONTENOY;**
Church of the Uganda Martyrs, **HAPPY HILL;**
Our Lady Queen of the Universe, **MT. MORITZ;**
St. Benedict the Moor, **RIVER ROAD; DARBEAU**
Our Lady Lily of the Valley, **TEMPE.**

Contributor:  **The Computer Store Grenada Ltd** Tel: 444-3653 *Weekly Bulletin*

1st Sunday of Lent / A - February 22nd, 2026

Sunday Mass Schedules:

Cathedral Saturday: 6:00 p.m.
Belmont Saturday: 6:00 p.m.
Brizan Sunday: 6:30 a.m.
Cathedral Sunday: 8:00 a.m.

Happy Hill Sunday: 8:00 a.m.
Tempe Sunday: 8:00 a.m.
Fontenoy Sunday: 10:00 a.m.
Mt. Moritz Sunday: 10:00 a.m.

Weekday Masses:

Cathedral: 6:15 a.m. & 12:15 p.m.
Happy Hill: Wednesday 5:30 p.m.

CONFESSION:

Cathedral: Saturdays: 7:00 a.m. - 8:00 a.m.
(Priests available at request)

Welcome!

Welcome to the liturgy for the First Sunday of Lent, Year A. This Mass invites us to journey with Christ through the desert, reflecting on his triumph over temptation as we begin our Lenten path of repentance and renewal.

The First Reading from Genesis 2:7-9, 3:1-7: The creation of humanity and the fall into sin through disobedience.

The Second Reading from Romans 5:12-19: Through Adam came death, but through Christ, grace and justification abound.

The Gospel According to Matthew 4:1-11: Jesus, led by the Spirit into the desert, overcomes temptations of selfishness, pride, and power, choosing to serve God and others.

Parish Pastoral Team: **FR. CARL HAYNES** (Cathedral Administrator)
DEACON RAPHAEL JOHNSON (Parish Deacon)
THE PRESENTATION BROTHERS