



Forgiving and Forgiven

"Therefore, if you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there in front of the altar. First go and be reconciled to your brother; then come and offer your gift." Matthew 5:23-24



The activity is based on Matthew 5:21-25

From the words provided for each clue, provide the letter of the word which best matches the clue.

— A group of human beings (men or women or children)
A.ALTAR B.FOOL C.PEOPLE D.FIRE

— To be at risk of being injured or harmed
A.DANGER B.FOOL C.REMEMBER D.GIFT

— A place where criminals are locked up
A.ALTAR B.COURT C.DANGER D.PRISON

— The place where gifts or sacrifices are made to God
A.ALTAR B.PEOPLE C.FIRE D.GIFT

— A person who lacks good sense
A.FOOL B.GIFT C.JUDGE D.PRISON

— Killing of a person by another person
A.COURT B.MURDER C.JUDGE D.PRISON

— The place where a trial is held
A.PEOPLE B.COURT C.FOOL D.ANGRY

— The light, heat, and flame that comes from burning
A.MURDER B.ALTAR C.FOOL D.FIRE

— To be furious
A.ANGRY B.COURT C.JUDGE D.PEOPLE

— A present that is given to another person
A.DANGER B.GIFT C.FIRE D.COURT

— A person who decides questions brought before a court
A.FOOL B.DANGER C.PEOPLE D.JUDGE

— To recall something from your memory
A.PRISON B.PEOPLE C.REMEMBER D.ANGRY

WEEKDAY READINGS (PSALTER WEEK 2)

16 Monday: Ordinary Weekday

James 1: 1-11; Mark 8: 11-13

17 Tuesday -Seven Founders of The Servites Order

James 1: 12-18; Mark 8: 14-21

18 Wednesday - Ash Wednesday

Joel 2: 12-18; Matthew 6: 1-6, 16-18

19 Thursday - Thursday After Ash Wednesday

Deuteronomy 30: 15-20; Luke 9: 22-25

20 Friday - Friday After Ash Wednesday

Isaiah 58: 1-9a; Matthew 9: 14-15

21 Saturday - Saturday After Ash Wednesday

Isaiah 58: 9b-14; Luke 5: 27-32

22 Sunday - 1st Sunday of Lent

Genesis 2: 7-9; 3: 1-7; Matthew 4:1-11

REFLECTION

Today's Gospel calls us to interior conversion: Jesus does not abolish the Law but deepens it, calling us to a righteousness that goes beyond outward obedience and touches the attitudes of our heart. He teaches that our anger, our purity of intention, our relationships, and our truthfulness in speech are all part of what it means to follow Him.

Jesus says He has come not to destroy the Law and the Prophets, but to fulfill and complete them, showing that the commandments are about communion with God and neighbour, not simply legalistic rules. He then contrasts the external righteousness of the scribes and Pharisees with the deeper holiness saying that "Unless your righteousness surpasses theirs, you will not enter the kingdom of heaven."

Jesus re-reads key commandments, starting with "You shall not kill," and shows that uncontrolled anger, insults, and division can already poison relationships and pull us away from God.

His instruction to leave the gift at the altar and first be reconciled with a sister or brother places forgiveness and broken-relationship repair at the very heart of worship. In the same way, He sharpens the command about adultery, teaching that lustful thoughts and desires too must be guarded, not only outer actions, as our "right eye" or "right hand" can become occasions of sin.

He also addresses oaths, explaining that disciples should not rely on elaborate swearing, instead, our everyday word should be so honest and clear.

POPE'S PRAYER INTENTION FOR FEBRUARY

For children with incurable diseases

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

NOTICES

♦ **The Season of Lent** begins with Ash Wednesday on 18th February, 2026 with masses and distribution of ashes.

Mass times: Cathedral: 6:15 a.m. , 12:00 noon and 5:30 p.m.
Happy Hill: 6:00 p.m.

♦ Remember, **Lenten Season** offers us an opportunity to deepen our life of faith by prayer, fasting and acts of charity. Days and time for Stations of the Cross for each local church community will be communicated to all, by the local leaders. At the Cathedral, it will be prayed on Fridays at 5pm.

♦ **Our Lenten fast** enables us to give up something to help the needy and the poor. Every Saturday/Sunday of Lent in all our churches, there will be Lenten charity 'collections' for this purpose. Those who can, and are willing to give are encouraged to do so generously. Thank you!

♦ **There is a vacancy for an Administrative Assistant** (Secretary) at the Cathedral Parish Office. Interested persons should submit their cover letter and CV to the Cathedral Administrator no later than February 18th 2026.

♦ **The Cathedral Charismatic Renewal** invites all to a Day of Renewal this Sunday, February 15th, 2026 at the St. Andrew the Apostle Catholic Church starting time at 2:00 p.m.

Collections:

February 08, 2026 (5th Sunday in Ordinary Time/A)

Total: \$ 2,378.79

Thank you for your generosity. God bless you always!

SAVE THE DATES

Ash Wednesday - February 18, 2026

Cathedral Parish Lenten Mission - March 23-27, 2026

Parish Tea - April 30, 2026

Parish Harvest - May 25, 2026

LET US PRAY FOR THE SICK AND SHUT-INS IN OUR PARISH COMMUNITY:

Limo Grant, Ann Bishop, Thelma Joseph, Michael Philbert, Dean Andrew, Clarissa Bain, Arnold Joseph, Ambrose Noel, Andrea Jessica, Veronica Thomas, Emma Joseph, Joseph Ross, Finley Gill, Gwendolyn Noel, Beryl Grant, Mildred

Catechesis Corner

THE TEN COMMANDMENTS CON'T...

THE SEVENTH COMMANDMENT CON'T- You shall not steal.

VI. Love For the Poor

God blesses those who come to the aid of the poor and rebukes those who turn away from them: "Give to him who begs from you, do not refuse him who would borrow from you"; "you received without pay, give without pay." (*Mt 5:42; 10:8*). It is by what they have done for the poor that Jesus Christ will recognize his chosen ones. (*cf. Mt 25:31-36*). When the poor have the good news preached to them," it is the sign of Christ's presence. (*Mt 11:5; cf. Lk 4:18*).

"The Church's love for the poor . . . is a part of her constant tradition." This love is inspired by the Gospel of the Beatitudes, of the poverty of Jesus, and of his concern for the poor. (*CA 57; cf. Lk 6:20-22, Mt 8:20; Mk 12:41-44*). Love for the poor is even one of the motives for the duty of working so as to "be able to give to those in need." (*Eph 4:28*). It extends not only to material poverty but also to the many forms of cultural and religious poverty. (*cf. CA 57*).

Love for the poor is incompatible with immoderate love of riches or their selfish use. Come now, you rich, weep and howl for the miseries that are coming upon you. Your riches have rotted and your garments are moth-eaten. Your gold and silver have rusted, and their rust will be evidence against you and will eat your flesh like fire. You have laid up treasure for the last days. Behold, the wages of the laborers who mowed your fields, which you kept back by fraud, cry out; and the cries of the harvesters have reached the ears of the Lord of hosts. You have lived on the earth in luxury and in pleasure; you have fattened your hearts in a day of slaughter. You have condemned, you have killed the righteous man; he does not resist you. (*Jas 5:1-6*).

St. John Chrysostom vigorously recalls this: "Not to enable the poor to share in our goods is to steal from them and deprive them of life. the goods we possess are not ours, but theirs." "The demands of justice must be satisfied first of all; that which is already due in justice is not to be offered as a gift of charity"

When we attend to the needs of those in want, we give them what is theirs, not ours. More than performing works of mercy, we are paying a debt of justice. (*St. Gregory the Great, Regula Pastoralis. 3, 21: PL 77, 87*). The works of mercy are charitable actions by which we come to the aid of our neighbor in his spiritual and bodily necessities. (*cf. Isa 58:6-7; Heb 13:3*).

Instructing, advising, consoling, comforting are spiritual works of mercy, as are forgiving and bearing wrongs patiently. the corporal works of mercy consist especially in feeding the hungry, sheltering the homeless, clothing the naked, visiting the sick and imprisoned, and burying the dead. (*cf. Mt 25:31-46*). Among all these, giving alms to the poor is one of the chief witnesses to fraternal charity: it is also a work of justice pleasing to God. (*cf. Tob 4:5-11; Sir 17:22; Mt 6:2-4*)

To be cont'd...

Prayer for the Discernment of A New Bishop

O God, Eternal Shepherd, who govern your flock with unchanging care, grant to your Church in St. George's-in-Grenada a shepherd who will faithfully follow in the footsteps of your Son, our Savior Jesus Christ. Give us a Bishop filled with wisdom and understanding so that, guided by your Holy Spirit, he may be a faithful pastor, a prudent teacher, wise in discerning the needs of our diocese and region. Strengthen him to uphold the gospel of truth, to lead your flock with humility and courage and to build up the Body of Christ in love and holiness. We ask this in the name of Jesus Christ our Lord. Immaculate Mary, Mother of the Church, pray with us and for us. **Amen.**

SYNOD PRAYER

We stand before You, Holy Spirit, as we gather together in Your name. With You alone to guide us, make Yourself at home in our hearts; Teach us the way we must go and how we are to pursue it. We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions. Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever.

Parish Pastoral Team: FR. CARL HAYNES *Cathedral Administrator*
DEACON RAPHAEL JOHNSON *(Parish Deacon)*
THE PRESENTATION BROTHERS

CATHEDRAL OF THE IMMACULATE CONCEPTION



Our Lady Queen of Peace, **BELMONT/SPRINGS**
Saints Joachim & Anne, **BRIZAN**;
Blessed Trinity, **FONTENOY**;
Church of the Uganda Martyrs, **HAPPY HILL**;
Our Lady Queen of the Universe, **MT. MORITZ**;
St. Benedict the Moor, **RIVER ROAD/DARBEAU**
Our Lady Lily of the Valley, **TEMPE**.

Contributor:  **The Computer Store Grenada Ltd** Tel: 444-3653 *Weekly Bulletin*

6th Sunday in Ordinary Time / A - February 15th, 2026

Sunday Mass Schedules:

Cathedral Saturday: 6:00 p.m.
Belmont Saturday: 6:00 p.m.
Brizan Sunday: 6:30 a.m.
Cathedral Sunday: 8:00 a.m.

Happy Hill Sunday: 8:00 a.m.
Tempe Sunday: 8:00 a.m.
Fontenoy Sunday: 10:00 a.m.
Mt. Moritz Sunday: 10:00 a.m.

Weekday Masses:

Cathedral: 6:15 a.m. & 12:15 p.m.

CONFESSION:

Cathedral: Saturdays: 7:00 a.m. - 8:00 a.m.
(Priests available at request)

Sixth Sunday in Ordinary Time

Welcome to today's celebration, which invites us to reflect on the law, freedom, and how our hearts are formed for true holiness.

The First Reading from Ecclesiasticus 15:15–20: reminds us that God gives human beings real freedom and we can choose to keep the commandments and walk in life or turn toward death and evil.

The Second Reading from 1 Corinthians 2:6–10: contrasts "God's wisdom" with human wisdom, explaining that what God has prepared for those who love Him is revealed through the Spirit.

The Gospel According to Matthew 5:17–37: Jesus deepens the law by showing that genuine obedience affects not just actions, but inner attitudes.